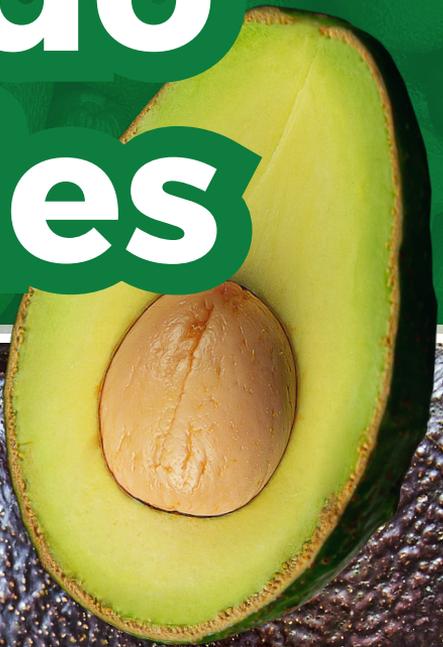




Commercial

Avocado Varieties



Examples of Commercial avocado Varieties

i) Hass



The Hass avocado fruit has a green rough skin which turns to purple/black after ripening. Hass avocado has a richer flavor, longer shelf-life and a high pulp to seed proportion with high oil content. In some areas, this variety fruits all-year-round. These characteristics have made it the most popular avocado variety accounting for over 80% of global market share.

ii) Lamb Hass



This variety is large in size, symmetrical in shape, and has a pebbly texture. The flesh is pale-green with a smooth-creamy flavor. The color of the flesh and seed is similar to Hass; however, the skin is slightly darker than Hass. Mature fruits can weigh about 300 to 500 grams.

iii) Gwen



Gwen is almost similar to Hass in appearance and taste, but slightly larger. It has a small medium seed and the skin is easy to peel.

iv) Reed



The fruit is round; green skinned, and weighs approximately 190 to 500 grams. The flesh is yellow with rich and nutty flavor.

v) Pinkerton



Pinkerton avocado is a large pear-shaped fruit with a small seed. It has a relatively longer neck compared to other varieties. The skin is medium-thick and green in color with slight pebbling. The flesh has a rich-creamy texture and high oil content.

vi) Fuerte



'Fuerte' means strong in Spanish. The fruit is pear-shaped with medium seed and weighs approximately 140 to 368 grams. The skin is thin, soft, and green in color. The flesh is creamy and contains about 18% oil content.

vii) Ettinger



Ettinger is a large, pear-shaped, green-colored fruit with a big seed. Apart from having a pale-green flesh, it is similar to Fuerte in appearance. It is similar in nutrition as Hass, but has a slightly-milder flavor.

viii) Semil 34



Semil 34 avocados are medium to large pear-shaped fruits that can weigh up to 700 grams. The ratio of pulp to fruit weight is 70% with 8-15% oil content.

ix) Nabal



The Nabal avocado is a rare Guatemalan variety with smooth, dark green, medium-thick skin that peels easily and is covered with yellow marks. It is known for having exceptionally high-quality flesh that is deliciously creamy and greenish-yellow in color.

x) Bacon



A Bacon avocado has green skin with bright yellow dots, and the bottom end often has a dark spot, but the skin doesn't change color as it ripens. The shape of the fruit is oval, similar to a giant egg. On average Bacon avocados are bigger, than Hass although not as big as Reed

xi) Jumbo



Jumbo is a heavy variety with green skin even when ripe. It has more flavor and is naturally growing in East Africa.

xii) Esther



This is a large rounded fruit that weighs about 300g, the skin is moderately coarse and has a creamy thick pulp.

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